

CONTINUING PROFESSIONAL DEVELOPMENT GAC



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Unlocking human potential

The **GAC Group** is a global provider of shipping, logistics and marine services. Since the first GAC operation was set up in Kuwait by Swedish entrepreneur Bengt Lindwall in 1956, the Group has grown into a widely-recognised brand with over 9,000 professionals working around the clock at more than 300 offices in over 50 countries.

GAC has been operating in Oman for 45 years, and employs 250 people providing a range of shipping and logistics services.

The company's involvement with Outward Bound Oman started with a request to design and deliver a bespoke three day programme to aid in the continued professional development of GAC Oman's management team.



THE SOLUTION

Outward Bound Oman worked with the GAC Oman leadership team to develop a course specifically tailored to address the following objectives;

1. Strengthen relationships, trust, and respect across departments
2. Enhance leadership skills and techniques
3. Explore the attributes that create a successful, effective team
4. Boost team spirit and cohesiveness
5. Build on continuous personal and professional development

The course took place outdoors on the Jebel Akdhar mountain, under the guidance of Outward Bound's experienced instructors. It combined the adventure of being in the wild, disconnected from mobile phones and other conveniences of modern life, with team problem solving workshops designed to challenge and take people out of their comfort zones. Group discussions focused on identifying practical solutions that could be realistically implemented back in the workplace.



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CASE STUDY

RESULTS AFTER THE COURSE:

- **100%** of participants agreed or strongly agreed that their relationship with their colleagues across departments had improved
- **100%** felt they were driven towards higher performance and achieving excellence
- **100%** felt they were now part of a stronger team
- **100%** agreed or strongly agreed that they had been able to discuss and identify strategies to overcome issues and improve performance back at work

FEEDBACK FROM COURSE PARTICIPANTS

“This course was a totally different and new experience for me. I learnt more from a day of hardship than 10 years of luxury training.” - **Jayaram Sethuraman**

“The best approach to problem-solving is when you are in unfamiliar terrain surrounded by many challenges.” - **Manohar Chandan**

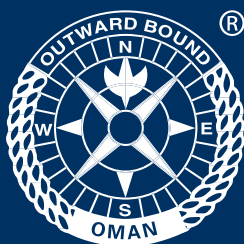
“Being outside in the natural environment made all the difference to this course.”
Sanjay Soames

“This course had the perfect objective and appropriate activities. There was excellent communication and inter-personal skills between course providers and the team.”

Ahmed Al Wardi

WHAT HAPPENED NEXT? DANIEL NORDBERG – GM OF GAC OMAN

After we completed the course, four working groups were created to address opportunities in areas the training highlighted as needing improvement, and come up with workable solutions. As a direct result, we have witnessed better cooperation between departments, a change in the approach to performance & development plans, a greater appreciation of individual strengths and weaknesses, increased confidence in creative problem solving and an overall improved team productivity and shared vision. A second batch of GAC staff will attend the Outward Bound training programme in May 2016.



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Outward Bound Oman courses deliver lasting, unique results. To find out what we can do for you, call us on **24539788**, or email us at admin@outwardboundoman.com

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