

SKILLS FOR LIFE

In a rapidly and constantly evolving world, our powerful Skills for Life courses aim to unlock the potential of young people in Oman, and to develop core skills, values and qualities that will enable them to thrive in life – both now, and in the future.



Our four-day courses, that are focused on young people in school, aim to change how young people think about themselves and their lives by building the personal, social and emotional skills at a critical time in their education.

Learning outdoors in the mountains and deserts of Oman takes participants out of their comfort zones, and provides direct and practical experiences that cannot be achieved in the school environment.

Throughout our courses, our experienced, internationally trained instructors facilitate a series of challenges and problem solving activities, and focus on how skills and experiences can be transferred into the home or school environment.

SINCE 2009...



450
COURSES
DELIVERED



FOR MORE THAN
8,000
YOUNG PEOPLE

The construction of three national centers for outdoor learning – one in the Sharqiya Sands, one on Jebel Akdhar and one in Muscat will provide us with the opportunity to substantially increase the number of young people we work with in the future.

DEMONSTRATING THE IMPACT

Many vital attributes such as perseverance, confidence and willingness to make a positive contribution to society cannot easily be measured. However, our own, and third party research shows that our courses can have a positive, sustained effect on young people's attitudes, skills and behaviour, helping them to become more effective individuals who are able to thrive throughout their education, and employment.

A SURVEY OF 1,253 COURSE PARTICIPANTS REVEALED THAT;

96% AGREED OR STRONGLY AGREED THAT THEY WERE NOW MORE LIKELY TO DO SOMETHING TO HELP OTHERS IN THEIR COMMUNITY



93% AGREED OR STRONGLY AGREED THAT THEY WERE NOW CAPABLE OF ACHIEVING MORE AT SCHOOL, COLLEGE OR WORK



98% FELT ABLE TO WORK MORE EFFECTIVELY WITH OTHERS



YOUR SUPPORT

Your support for Outward Bound Oman enables more young people in Oman to take part in and benefit from our Skills for Life Courses. It not only demonstrates sound social investment that develops future employees and leaders for your own organisation, but it also generates opportunities for employee engagement through mentoring and volunteering, leading to talent retention and improved performance reviews.

HOW TO CONTACT US

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