

Crossing the Empty Quarter

Lesson Two: The Team

Student Workbook



Activity 1: There is an old Arab proverb that says *'It takes two hands to clap'*. What do you think it means, and how do you think it connects to this expedition?

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Activity 2: What are the defining features of a team? Write an adjective for each of your chosen letters of the alphabet to describe 'team'. Three examples have been given for you:

A - Adventurous

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B - Brave

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C - Confident

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At the start of the expedition, Aryam the camel was unhappy and quite stubborn. The expedition team had to think carefully about how to deal with such a situation.

By working together, we can achieve more because we use everyone's different talents.

Activity 3: Think of a situation where you have had to work with someone who is not a team player.

How did you deal with that situation?

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Activity 4: Look at the following seven strategies for dealing with a non-team player. Rank the strategies from one to seven where one is the most favourable option and seven is the least.

Dealing with a non-team player

Let the person have their own way

Show understanding of their viewpoint but remain assertive

Bribe them into thinking differently

Leave them out of the group

Show them who's boss by doing it your way anyway

Scream and shout until they give in

Listen to their ideas and try to find a compromise

Why have you chosen this order?

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The team came across a number of different situations which resulted in them having a range of different emotions.

Activity 5: Give an example of an event on the expedition where team members felt

Joyous

Worried

Humbled

Proud

Frustrated

Consider these phrases used by the expedition team:

“Every step is like a kilometre”
(Mohamed)

“the routine of the marches”
(Mark)



Activity 6: Think of a personal example of when

a) something physical has felt impossible

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b) something monotonous and repetitive has given you mental fatigue and you want to give up

.....
.....

Think about how you overcame these challenges. Write a postcard to one of the expedition team with encouragement and advice for how to overcome one of these challenges. Describe the personal qualities and skills needed in the team members.

	<div style="border: 1px solid black; width: 80px; height: 60px; margin: 0 auto 20px auto;"></div> <p style="text-align: center; font-family: cursive;"> <i>The Expedition Team 'The Empty Quarter' Rub' Al Khali Desert Arab Peninsula</i> </p>
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Summary Activity: Mohamed is an instructor with Outward Bound Oman. When he works with groups of students in the desert, or on the mountain, he shows them this model of teamwork to help them understand how to work together effectively.



Look at the model and then complete the statement below to show that you understand what the diagram is try to say

A team will be most effective when

Why, when this model is so clear, do you think some teams struggle to be effective? What can go wrong, and what are the solutions?

Problems	Solutions