

# THE JOURNEY OF A YOUNG PERSON

I don't know how to handle my work load  
I don't know what I am good at

I'm afraid of failing  
I'm worried about what people think about me

OUTWARD BOUND

AWAY FROM HOME, THEY MEET NEW PEOPLE, WORK WITH OTHERS IN A TEAM, AND ARE SUPPORTED BY THEIR INSTRUCTOR

THE EXPERIENCE OF TRYING NEW THINGS AND BEING CHALLENGED BUILDS CONFIDENCE AND HELPS DEVELOP NEW SKILLS AND BEHAVIOURS

HOME

BACK AT HOME AND SCHOOL/COLLEGE THESE NEW SKILLS HELP MAKE THEM MORE FOCUSED AND ABLE TO COPE WITH CHALLENGES

SCHOOL

HIGHER EDUCATION APPRENTICESHIPS EMPLOYMENT

THE FUTURE

THE SKILLS THEY DEVELOPED AT OUTWARD BOUND HELP THEM TO FLOURISH AND THRIVE THROUGHOUT THEIR LIFE

THEY ARE MORE ENGAGED IN THEIR LEARNING, HAVE HIGHER ASPIRATIONS AND ARE BETTER PREPARED FOR EMPLOYMENT

THEY BECOME MORE CONFIDENT IN THEIR RELATIONSHIPS WITH OTHERS AND ARE BETTER ABLE TO COMMUNICATE IDEAS OR CONCERNS

