

# Outward Bound International Conference

Sultanate of Oman

January 14th-17th 2019



## ARRIVAL IN OMAN

### Arrival:

You will land at **Muscat International Airport**, and the conference hotel is located 10 minutes drive away.

A free shuttle bus will travel to the **MYSK HOTEL in AL MOUJ, MUSCAT** from the International Arrivals Terminal, every hour, on the hour, from **0900hrs to 2100hrs on MONDAY 14 JANUARY 2019**. The shuttle bus will wait outside arrivals and will have OBO's logo clearly visible in front side and rear windows. The bus will wait for 10 minutes only so make sure you are in time.

Should your flight arrive outside of these hours, or if you prefer not to wait, it is easy to get a local taxi to the hotel. Next page contains a letter for the airport taxi in Arabic and English to take you to the hotel, or to the OBO office (if needed)

**If you enrol before 1 September 2018**, your stay at the **MYSK HOTEL** in Al Mouj, Muscat (<http://myskhotels.com/hotels/almoujmuscat/>), is guaranteed for the night of Monday 14 January 2019, prior to the conference.

Accommodation is on a twin room bed and breakfast basis (an extra charge for single occupancy will apply). For the duration of the conference at the Desert Centre, accommodation will be in a basic desert camp, again, on a sharing basis.

Winter in Oman is very short, and January is the prime time for tourism. Hotel prices are at their peak during these months.

**If you have not booked by September 1<sup>st</sup>,**

we cannot guarantee that you will be able to stay in the conference hotel, and the cost of your attendance at the conference may be more than 500 USD due to the additional accommodation costs.

No accommodation is provided for the night of Thursday 17 January 2019.

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## ARRIVAL IN OMAN

### Food and dietary requirements:

Most of the conference meals will take place at a remote camp in the desert. The food there is always good, but is limited. Those with special diets may wish to bring a supply of their own food to supplement meals. The meals included and a sample menu are provided below for delegates guidance.

<b>Monday 14 January 2019</b>	<b>No meals provided.</b> Delegates arrive at different times of the day, and evening; there are many restaurants and coffee shops close to the Mysk Hotel, and a supermarket.
<b>Tuesday 15 January 2019</b>	Breakfast provided at The Mysk Hotel. Lunch and dinner are provided elsewhere.
<b>Wednesday 16 January 2019</b>	Breakfast, lunch and dinner are provided.
<b>Thursday 17 January 2019</b>	Breakfast and lunch in the desert, final dinner at The Sundus Rotana Hotel in Muscat.

### SAMPLE MENU ITEMS AT THE DESERT CENTRE on 15, 16 and 17 January 2019

**Typical Breakfast:** Two kinds of bread - cheese - jam - butter - honey - boiled eggs - Lentil (Daal) - cornflakes and milk - fruits & dates - juices - coffee and tea.

**Typical Dinner:** Green salad - Humus - bread - rice - Vegetable curry - grilled potato, lamb meat & chicken - soft drinks - (Fruits, dates & Omani Halwa) plus coffee and tea.

Dear Taxi Driver

As salaamu alaikum

Please take your passenger to the MYSK HOTEL in the Marina at AL MOUJ

إلى سائق التاكسي المحترم

السلام عليكم

نرجو منك إيصال المسافر إلى فندق مسك في مارينا الموج مسقط

Mysk Hotel Telephone Number:

(+968) 24274400/ (+968) 24274401

رقم هاتف الفندق:

(+968) 24274400/ (+968) 24274401



We are Now Open  
Mysk al Mouj Muscat

mysk  
by SHAZA

AL MOUJ, MUSCAT